



Gourmet Crackers



OLIVE OIL & SEA SALT

Nutrition Facts	
About 13 servings per container	
Serving size	About 2 Crackers 15g
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0.6mg 4%	Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, EXTRA VIRGIN OLIVE OIL, CONTAINS 2% OR LESS OF: RICE FLOUR, CANE SUGAR, SEA SALT, INACTIVE YEAST, DRIED OLIVES, NATURAL FLAVOR, ONION POWDER, EVAPORATED CANE JUICE, ROSEMARY POWDER, BLACK PEPPER, PARSLEY, ENZYMES.

ALLERGEN INFORMATION: CONTAINS WHEAT.
SUITABLE FOR VEGETARIAN DIETS.



FIRE ROASTED VEGETABLE

Nutrition Facts	
About 15 servings per container	
Serving size	About 2 Crackers 16g
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 85mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	3%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 1g	
Vit. D 0mcg 0%	Calcium 20mg 2%
Iron 0.6mg 4%	Potassium 50mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, VEGETABLE SEASONING (CARROT, AMARANTH SEEDS, TOASTED SESAME SEEDS, CUMIN, ONION, PARSLEY FLAKES, GARLIC, CITRIC ACID). CONTAINS 2% OR LESS OF CANE SUGAR, SALT, AMMONIUM BICARBONATE, BLACK PEPPER, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, INACTIVE YEAST, NATURAL FLAVOR, ENZYMES.

ALLERGEN INFORMATION: CONTAINS WHEAT & SESAME.
SUITABLE FOR VEGETARIAN DIETS.



ORIGINAL MULTI-GRAIN

Nutrition Facts	
about 15 servings per carton	
Serving size	About 2 Crackers 16g
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	2%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 1g	
Vit. D 0mcg 0%	Calcium 30mg 2%
Iron 0.5mg 2%	Potassium 10mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, GRAINS (CORN, OATS, WHEAT BRAN), WHOLE WHEAT FLOUR, SUGAR, SEEDS (BLACK AND WHITE SESAME SEEDS, POPPY SEEDS), CANE SYRUP, SALT, AMMONIUM BICARBONATE, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, ENZYMES.

ALLERGEN INFORMATION: CONTAINS WHEAT AND SESAME.
SUITABLE FOR VEGETARIAN DIETS.



Gourmet Crackers



CRISPY SEA SALT

Nutrition Facts	
about 13 servings per carton	
Serving size	About 2 Crackers 15g
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0% • Calcium 0mg 0%	
Iron 0.6mg 4% • Potassium 0mg 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUNFLOWER OIL, WHITE RICE FLOUR, SEA SALT, INACTIVE YEAST (WHEAT, BARLEY), SUGAR, CANE SYRUP, FLAVOR.

ALLERGEN INFORMATION: CONTAINS WHEAT.

MAY CONTAIN SESAME SEEDS.

SUITABLE FOR VEGETARIAN DIETS.



EVERYTHING

Nutrition Facts	
about 15 servings per carton	
Serving size	About 2 Crackers 16g
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 10g	4%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 1g	
Vit. D 0mcg 0% • Calcium 30mg 2%	
Iron 0.5mg 2% • Potassium 20mg 0%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, SUNFLOWER OIL, GRAINS (CORN, OATS, WHEAT BRAN), SUGAR, SEASONING (POPPY SEEDS, CARAWAY SEEDS, SESAME SEEDS, DEHYDRATED ONION), CANE SYRUP, ONION POWDER, AMMONIUM BICARBONATE, GARLIC POWDER, SALT, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, ENZYMES.

ALLERGEN INFORMATION: CONTAINS WHEAT AND SESAME.

SUITABLE FOR VEGETARIAN DIETS.