



GLUTEN FREE

BAKED CRACKERS



Olive Oil & Sea Salt

Nutrition Facts	
About 4.5 Servings Per Bag	
Serving size	About 14 Crackers 30g
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars 2%	
Protein 2g	
Vit. D 0mcg 0% • Calcium 0mg 0%	
Iron 1.6mg 8% • Potassium 90mg 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BROWN RICE FLOUR, GLUTEN FREE OATS, CORN FLOUR, POTATO STARCH, OLIVE OIL, POTATO GRANULES, LONG GRAIN WHITE RICE FLOUR, CANE SUGAR. CONTAINS LESS THAN 2% OF AMARANTH, BAKERS YEAST, SEA SALT, BLACK OLIVE PIECES (BLACK OLIVES, WATER, SALT, FERROUS GLUCANATE), BLACK PEPPER, LEAVENING (MONOCALCIUM PHOSPHATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE), NATURAL BUTTER FLAVOR, ONION POWDER, PARSLEY FLAKES, RAW CANE SUGAR, SALT, SUNFLOWER LECITHIN, YEAST (SORBITAN MONOSTEARATE, ASCORBIC ACID).

ALLERGEN INFORMATION: CONTAINS MILK.



Fire Roasted Vegetable

Nutrition Facts	
About 4.5 Servings Per Bag	
Serving size	About 14 Crackers 30g
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 1g Added Sugars 2%	
Protein 2g	
Vit. D 0mcg 0% • Calcium 20mg 2%	
Iron 1.6mg 8% • Potassium 140mg 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BROWN RICE FLOUR, CORN FLOUR, POTATO STARCH, POTATO GRANULES, OLIVE OIL, COOKED CHICK PEA POWDER, CARROT, LONG GRAIN WHITE RICE FLOUR, CANE SUGAR. CONTAINS LESS THAN 2% OF AMARANTH, BAKERS YEAST, SEA SALT, BLACK PEPPER, CUMIN, GARLIC, HIGH OLEIC SUNFLOWER OIL (TOCOPHEROLS, ROSEMARY EXTRACT, AND ASCORBYL PALMITATE ADDED AS AN ANTIOXIDANT), LEAVENING (MONOCALCIUM PHOSPHATE, BAKING SODA, SODIUM ACID PYROPHOSPHATE), NATURAL BUTTER FLAVOR, GLUTEN FREE OATS, ONION, SESAME SEEDS, PARSLEY FLAKES, RAW CANE SUGAR, SALT, SUNFLOWER LECITHIN, YEAST (SORBITAN MONOSTEARATE, ASCORBIC ACID).

ALLERGEN INFORMATION: CONTAINS MILK AND SESAME.



Sea Salt

Nutrition Facts	
Servings Per Bag 4.5	
Serving size	About 14 Crackers 30g
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugars 2%	
Protein 2g	
Vit. D 0mcg 0% • Calcium 20mg 2%	
Iron 1.4mg 8% • Potassium 80mg 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BROWN RICE FLOUR, CORN FLOUR, GLUTEN FREE OATS, POTATO STARCH, POTATO GRANULES, HIGH OLEIC SUNFLOWER OIL (TOCOPHEROLS, ROSEMARY EXTRACT, AND ASCORBYL PALMITATE ADDED AS AN ANTIOXIDANT), RICE FLOUR, SUGAR. CONTAINS LESS THAN 2% OF: BAKERS YEAST, MILLET, CANE SUGAR, NATURAL BUTTER FLAVOR, SEA SALT, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, BAKING SODA), SALT, SUNFLOWER LECITHIN, WHEY PROTEIN CONCENTRATE, YEAST (SORBITAN MONOSTEARATE, ASCORBIC ACID).

ALLERGEN INFORMATION: CONTAINS MILK.



GLUTEN FREE

BAKED CRACKERS



Everything

Nutrition Facts	
Serving size About 14 Crackers 30g	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 2g Added Sugars 4%	
Protein 3g	
Vit. D 0mcg 0% • Calcium 20mg 2%	
Iron 1.1mg 6% • Potassium 120mg 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BROWN RICE FLOUR, GLUTEN FREE OATS, POTATO GRANULES, POTATO STARCH, CORN FLOUR, HIGH OLEIC SUNFLOWER OIL (TOCOPHEROLS, ROSEMARY EXTRACT, AND ASCORBYL PALMITATE ADDED AS AN ANTIOXIDANT), RICE FLOUR, CANE SUGAR, WHITE TOASTED SESAME SEEDS, MOLASSES GRANULES (SYRUP, MOLASSES). CONTAINS LESS THAN 2% OF: AMARANTH, BAKER'S YEAST, BLACK SESAME SEEDS, SPICE BLEND (POPPY SEEDS, CARAWAY SEEDS, SESAME SEEDS, DEHYDRATED ONION), MILLET, QUINOA SEEDS, POPPY SEEDS, SEA SALT, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, BAKING SODA), SUGAR, WHEY PROTEIN CONCENTRATE, SUNFLOWER LECITHIN, SALT, GARLIC POWDER, NATURAL BUTTER FLAVOR, CARAWAY SEEDS.

ALLERGEN INFORMATION: CONTAINS MILK.

Multi-Grain

Nutrition Facts	
Serving size About 14 Crackers 30g	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans Fat</i> 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 22g	8%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 2g Added Sugars 4%	
Protein 2g	
Vit. D 0mcg 0% • Calcium 20mg 2%	
Iron 1mg 6% • Potassium 80mg 2%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: BROWN RICE FLOUR, POTATO GRANULES, GLUTEN FREE OATS, POTATO STARCH, CORN FLOUR, HIGH OLEIC SUNFLOWER OIL (TOCOPHEROLS, ROSEMARY EXTRACT, AND ASCORBYL PALMITATE ADDED AS AN ANTIOXIDANT), RICE FLOUR, CANE SUGAR, MOLASSES GRANULES (SYRUP, MOLASSES), WHITE TOASTED SESAME SEEDS, SUGAR. CONTAINS LESS THAN 2% OF: AMARANTH FLOUR, BAKER'S YEAST, BLACK SESAME SEEDS, MILLET FLOUR, LEAVENING (MONOCALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, BAKING SODA), SEA SALT, NATURAL BUTTER FLAVOR, QUINOA FLOUR, POPPY SEEDS, SALT, SEA SALT, SUNFLOWER LECITHIN, WHEY PROTEIN CONCENTRATE.

ALLERGEN INFORMATION: CONTAINS MILK.