



Organic Crackers



ORIGINAL MULTI-GRAIN

Nutrition Facts	
about 11 servings per carton	
Serving size	About 3 Crackers 16g
Amount per serving	
Calories	70
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 105mg	4%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 30mg 4%
Iron 0.6mg 4%	Potassium 10mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC ENRICHED WHEAT FLOUR (ORGANIC WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), ORGANIC SUNFLOWER OIL, ORGANIC GRAINS (ORGANIC CORN, ORGANIC OATS, ORGANIC WHEAT BRAN), ORGANIC WHOLE WHEAT FLOUR, ORGANIC CANE SUGAR, ORGANIC SEEDS (ORGANIC BLACK AND ORGANIC WHITE SESAME SEEDS, ORGANIC POPPY SEEDS), ORGANIC CANE SYRUP, AMMONIUM BICARBONATE, SALT, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, ENZYMES.

ALLERGEN INFORMATION: CONTAINS WHEAT AND SESAME.

HIMALAYAN SALT

Nutrition Facts	
about 11 servings per carton	
Serving size	About 3 Crackers 16g
Amount per serving	
Calories	70
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0.6mg 4%	Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC ENRICHED WHEAT FLOUR (ORGANIC WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), ORGANIC SUNFLOWER OIL, ORGANIC WHITE RICE FLOUR, HIMALAYAN SALT, INACTIVE YEAST, ORGANIC CANE SUGAR, ORGANIC CANE SYRUP, NATURAL FLAVOR.

ALLERGEN INFORMATION: CONTAINS WHEAT.

OLIVE OIL & SEA SALT WITH OLIVES

Nutrition Facts	
about 11 servings per carton	
Serving size	About 3 Crackers (16g)
Amount per serving	
Calories	70
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 10g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0.7mg 4%	Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC ENRICHED WHEAT FLOUR (ORGANIC WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), ORGANIC SUNFLOWER OIL, ORGANIC OLIVE OIL, CONTAINS 2% OR LESS OF: ORGANIC WHITE RICE FLOUR, SEA SALT, INACTIVE YEAST (WHEAT), ORGANIC CANE SUGAR, DRIED OLIVES, ORGANIC CANE SYRUP, NATURAL FLAVOR, ORGANIC ONION POWDER, ORGANIC PARSLEY, ORGANIC ROSEMARY, ORGANIC GROUND BLACK PEPPER.

ALLERGEN INFORMATION: CONTAINS WHEAT.

ROSEMARY & GARLIC

Nutrition Facts	
about 11 servings per carton	
Serving size	About 3 Crackers 16g
Amount per serving	
Calories	70
	% Daily Value*
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 85mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 0mcg 0%	Calcium 0mg 0%
Iron 0.6mg 4%	Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC ENRICHED WHEAT FLOUR (ORGANIC WHEAT FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), ORGANIC SUNFLOWER OIL. CONTAINS 2% OR LESS OF: ORGANIC WHITE RICE FLOUR, SEA SALT, INACTIVE YEAST, ORGANIC CANE SUGAR, ORGANIC ROSEMARY, ORGANIC CANE SYRUP, GARLIC OIL, ORGANIC GROUND BLACK PEPPER, NATURAL FLAVOR.

ALLERGEN INFORMATION: CONTAINS WHEAT.